



FOOD RESOURCE GUIDE

Be Mighty Little Rock, a program of the Central Arkansas Library System, is an anti-hunger campaign aimed at connecting kids, teens, and families to free meals, cooking and nutrition education, food security resources, and opportunities to eat, play, and learn. The mission of the Central Arkansas Library System is to connect people, nurture potential, and grow community. One of our core values is to provide access to all.

This Food Resource Guide is a tool to connect people in our community who are experiencing need with food pantries and hot meals. We have made every effort to verify the information in the guide for accuracy. In addition to locations and hours of operation, you will see any special considerations or requirements to participate in the meal or pantry program at each location.

If you find any information in this guide that is inaccurate or has been updated, please feel free to share that information with us so that we can update the resource. You can email any updates or corrections to bemighty@cals.org.

The  symbol found throughout the guide indicates locations that the Be Mighty team has contacted to confirm all information listed. Locations missing this symbol have been called but not reached.

If you operate a food bank, afterschool meal site, or serve hot meals to the public, and do not see your organization on this list, you can reach us at bemighty@cals.org.

Central Arkansas Library System

FOOD PANTRIES

Considerations: Pantries are stocked throughout the week with the help of volunteers, library staff, and Be Mighty. Some pantries are located outside while others are inside the library building. Donations are accepted directly into the pantries so long as they are unopened, shelf-stable and unexpired.

Children's Library

4800 W 10th St, Little Rock, AR 72204

Dee Brown Library

6325 Baseline Rd, Little Rock, AR 72209

Fletcher Library

823 N Buchanan St, Little Rock, AR 72205

Maumelle Library

10 Lake Pointe Dr, Maumelle, AR 72113

McMath Library

2100 John Barrow Rd, Little Rock, AR 72204

Milam Library

609 Aplin Ave, Perryville, AR. 72126

Millie Brooks Library

13024 AR-365, Wrightsville, AR 72183

Nixon Library

703 W Main St, Jacksonville, AR 72076

Rooker Library

11 Otter Creek Ct, Little Rock, AR 72210

Terry Library

2015 Napa Valley Dr, Little Rock, AR 72212

Thompson Library

38 Rahling Cir, Little Rock, AR 72223

Oak Forest Community Garden

2600 S Monroe St, Little Rock, AR 72204

COMMUNITY FRIDGES

Considerations: Fridges are stocked at least twice weekly with the help of Potluck Food Rescue, Pulaski County Hunger Reduction Initiative, local growers and farmers and with the help of donations from the community. Donations are accepted directly into the fridges so long as they are unopened and safe to eat.

Dee Brown Library

6325 Baseline Rd, Little Rock, AR 72209

McMath Library

2100 John Barrow Rd, Little Rock, AR 72204

Millie Brooks Library

13024 AR-365, Wrightsville, AR 72183

Nixon Library

703 W Main St, Jacksonville, AR 72076

Williams Library

1800 S Chester St, Little Rock, AR 72206



AFTER-SCHOOL NO-COST MEAL SERVICE (KIDS/TEENS)

Considerations: Free after-school meals served Monday-Friday, for kids and teens at your local library through the school year (and serving lunches during the Summer). No Registration, ID or library card required! For children 2-18. Children under 11 must be accompanied. Meals must be eaten on site.

Children's Library *M-F 4-5PM*

4800 W 10th St, Little Rock, AR 72204

Dee Brown Library *M-F 3:30-4:30PM*

6325 Baseline Rd, Little Rock, AR 72209

Fletcher Library *M-F 3-4:30PM*

823 N Buchanan St, Little Rock, AR 72205

Main Library *M-F 3:30-4:30PM*

401 President Clinton Ave, Little Rock 72201

Maumelle Library *M-F 3PM-5PM*

10 Lake Pointe Dr, Maumelle, AR 72113

McMath Library *M-F 4-5PM*

2100 John Barrow Rd, Little Rock, AR 72204

Nixon Library *M-F 4-5PM*

703 W Main St, Jacksonville, AR 72076

Rooker Library *M-F 4-5PM*

11 Otter Creek Ct, Little Rock, AR 72210

Sanders Library *M-F 3:30-5PM*

10200 Johnson Drive, Sherwood

Terry Library *M-F 4:30-5:30PM*

2015 Napa Valley Dr, Little Rock, AR 72212

Williams Library *M-F 4-5PM*

1800 S Chester St, Little Rock, AR 72206

FREE AFTER SCHOOL SNACKS

Considerations: Free after-school snacks served Monday-Friday, for kids and teens. No Registration, ID or library card required! For children 2-18. Children under 11 must be accompanied. Snacks are grab and go.

Children's Library *M-F 4:30-5PM*

4800 W 10th St, Little Rock, AR 72204

Dee Brown Library *M-F 3:30-4:30PM*

6325 Baseline Rd, Little Rock, AR 72209

Fletcher Library *M-F 3:30-4:30PM*

823 N Buchanan St, Little Rock, AR 72205

Maumelle Library *M-F 3:30PM-5PM*

10 Lake Pointe Dr, Maumelle, AR 72113

McMath Library *M-F 4:30-5PM*

2100 John Barrow Rd, Little Rock, AR 72204

Rooker Library *M-F 4:30-5PM*

11 Otter Creek Ct, Little Rock, AR 72210

Sanders Library *M-F 4-5PM*

10200 Johnson Drive, Sherwood

Williams Library *M-F 5-6PM*

1800 S Chester St, Little Rock, AR 72206

Food Banks & Pantries



Arkansas Foodbank



4301 W. 65th Street, Little Rock | 501-565-8121 | arkansasfoodbank.org

Considerations: For help, visit their website or text FINDFOOD to 844-381-3663 to locate resources close to home.

Second Baptist Church



1709 John Barrow Road, Little Rock, AR 72204 | 501-223-2323 | Hours: Wednesday 10am-12pm

Considerations: Photo ID and utility bill required to have matching name & address.

Central Baptist Church of North Little Rock



9618 Highway 107, Sherwood, AR 72120 | 501-771-1125 | Hours: Wednesday 10-11:30am

Considerations: Serving Sherwood residents only (zip code 72120). Proof of residence is required. You can only go once a month. Clothes are also provided.

Central Baptist Church of North Little Rock



9618 Highway 107, Sherwood, AR 72120 | 501-771-1125 | Hours: Wednesday 10-11:30am

Considerations: Serving Sherwood residents only (zip code 72120). Proof of residence is required. You can only go once a month. Clothes are also provided.

First Christian Church of Sherwood



2803 East Kiehl Avenue, Sherwood, AR 72120 | 501-835-5505 | Hours: Saturday 10:30am-12pm

Considerations: Photo ID Required. Services for families in Sherwood and Jacksonville. Food pantry can be accessed 2x a month.

St. Mark's Episcopal Church Food Pantry



1500 North Mississippi Street, Little Rock, AR 72207 | 501-225-4203 | Hours: Thursday 8am-10:30am

Considerations: Photo ID required.

Gardner Memorial United Methodist Church Food Pantry



1723 Schaefer Street, North Little Rock, AR 72114 | 501-374-9520 | Hours: Tuesday 12-4pm

Considerations: Photo ID Required. Serves residents of North Little Rock ONLY. You can only go once every 28 days.

Mosaic Church of Central Arkansas



6221 Colonel Glenn Road ad, Suite #A, Little Rock, AR 72204 | 501-562-3336 | Hours: Registration begins Tuesdays 9:30am-11:30am. Distribution starts at 1pm

Considerations: Must be from 72204 area code with proof of address and ID unless unsheltered. First come, first served. Fridays 10am-3:00pm Unsheltered support behind the building by the loading dock. Receive showers, a meal, laundry services, abuse support groups, bible study.

Berean Disciple Church



4509 Rogers Street, North Little Rock, AR 72117 | 501-993-5276 | Hours: 4th Saturday each month, from 9am-12pm

Considerations: Serves Pulaski County residents each Thursday morning. Clients asked to bring a photo ID and proof of address.

Mount Zion Baptist Church

924 Cross Street, Little Rock, AR 72202 | 501-374-5832 | Hours: Wednesday 11am–2pm

Considerations:

Evangelist Temple C.O.G.I.C.

5121 Baseline Rd, Little Rock, AR 72209, USA | 501-442-9791 | Hours: Wednesday 5–6:30pm

Considerations: Bring photo ID. Limited to twice/month. No zip code restrictions. Clothing is available.

River City Ministry

1021 E Washington Ave, North Little Rock, AR 72114 | (501) 376-6694 | Hours: Thursday 9:30–10:30am

Considerations: Serving Pulaski County residents only. Must provide photo ID.

Christ Temple Outreach Center

1919 South Arch Street, Little Rock, AR 72206 | 501-376-1664 | Hours: Thursday 10am–12pm

Considerations:

Bullock Temple

1513 South Park Street, Little Rock, AR 72202 | 501-375-1581 | Hours: Monday 1-2, Thursday 4:30–6pm

Considerations: Appointments preferred; ID required. Can go once every 30 days.

Bethesda Missionary Baptist

1316 S Brown St, Little Rock, AR 72204, USA | 501-831-7162 | Hours: Friday 10am-12:30pm

Considerations: Bring photo ID.

First Pentecostal Church Food Pantry

1401 Calvary Road, North Little Rock, AR 72116 | 501-758-3090 | Hours: Friday 10am-3pm

Considerations: Photo ID required.

Mount Zion Baptist Church

924 Cross Street, Little Rock, AR 72202 | 501-374-5832 | Hours: Saturday 10am–12pm

Considerations:

Faith Baptist Church (LR)

10710 Interstate #30, Little Rock, AR 72209 | 501-565-4966 | Hours: Monday 6–7pm

Considerations: Must register with the food pantry with each use.

Faith Baptist Church (NLR)

5600 Camp Robinson Rd, North Little Rock, AR 72118 | 501-753-8897 | Hours: 1st & 3rd Mondays, 12–1pm

Considerations: Only open to North Little Rock area residents. May require A photo ID or utility bill with proof of address.

In Your Hands Ministries, Inc.

3905 Highway #161 North, North Little Rock, AR 72117 | 501-945-1314 | Monday-Thursday 9am-12pm

Considerations: Must present a form of ID or proof of address. Once a month per household.

Park Hill Christian Church

4400 John F. Kennedy Blvd., North Little Rock, AR 72116 | 501-753-1109 | Hours: Tuesday 8:30am-10:30am

Considerations: Photo ID required.

Immanuel Baptist Church

315 N Shackleford Road | 501-376-3071 | Hours: Tuesday 10am-1pm

Considerations: ID and proof of residence required. Participants must be from one of the following area codes: 72201, 72202, 72203, 72205, 72206, 72207, 72209, 72210, 72211, 72212, 72103, 72223, 72227. For children, must provide proof of residence. Call between 10am-1pm on Mondays to make an appointment 501-396-3333. Only one visit per address per month which also includes a visit to the clothing closet.

Sylvan Hills Community Church, Crisis Corner

8019 Hwy #107, Sherwood, AR 72120 | 501-835-1612 | Hours: Tuesday, 10am-12pm

Considerations: Serving North Little Rock, Jacksonville and Sherwood residents only. Photo ID required.

First Baptist Church

2015 Main Street, North Little Rock, AR 72114 | 501-758-1525 | Hours: Tuesday 11am-1pm

Considerations: Primarily serving the North Little Rock area. You can only go once a month. You will need to provide a Photo ID or bill with your current address.

Geyer Springs UMC

5500 Geyer Springs Road Little Rock, AR 72209 | 501-565-3175 | Hours: 1st/3rd Thursday every month, 8:30am-11:30pm

Considerations: Drive through. Driver's license or photo ID, and patrons can only pick up once a month.

The Helping Hand of Greater Little Rock

1601 Marshall Street, Little Rock | 501-372-4388 | Irhelpinghand.com | Monday-Thursday, 9am-12:30pm

Considerations: Serves individuals and families in Pulaski County. Photo ID is required. Provides food boxes, clothing, and limited financial assistance to those in crisis. Proceeds from their thrift store go to support the pantry.

Saint Mark's Food Pantry

1000 N Mississippi Street, Little Rock | 501-225-4203 | lovesaintmarks.org | Hours: Thursday 8:30am-10am

Considerations: This is a highly used resource, may not have capacity -- call for availability. Serves Pulaski County residents each Thursday morning. Clients are asked to bring a photo ID and proof of address.

Saint Mark Baptist Church

5722 West 12th Street, Little Rock, AR | 501-663-3955 | 3rd Saturday 10am-12pm or while supplies last

Considerations: Photo ID required.

Church at Rock Creek

11500 West 36th Street, Little Rock, AR 72211 | 501-221-1051 | Hours: Tuesday-Friday

Considerations: Those seeking assistance with the Food Bank may call the Care Center office on Tuesday - Friday between 8:15 and 10:00 am and schedule an appointment for food box pick up that same day.

Jacksonville Care Channel

201 North Elm Street Jacksonville, AR 72076 | 501-982-4647 | Hours: Monday, Wednesday, Friday 10am-12pm

Considerations: Serves residents of Jacksonville 72076 area code only. SS number or photo ID required. Participants need to be on food stamps after the first visit.

Healing Waters Food Pantry

14036 Sardis Road, Shannon Hills, AR 72103 | 501-516-1602 | Hours: Sunday 10am-2pm

Considerations: Appointment is needed for clothing only.

Grace Presbyterian Church

9301 N Rodney Parham Road, Little Rock, AR 72227 | 501-225-3274 | Hours: 1st/3rd Thursday each month 5-6:30pm

Considerations: Please bring an ID. Food pick up is a drive through.

Liberty Hill Missionary Baptist Church

1215 South Schiller Street, Little Rock, AR 72202 | 501-374-8060 | Hours: 2nd Monday each month 2-3:30pm

Considerations: Photo ID required.

Oak Forest United Methodist Church

2415 South Fair Park Blvd., Little Rock, AR 72204 | 501-663-9407 | Hours: 3rd Thursday 10am-12pm

Considerations: Once per month per person/family

Pulaski Heights United Methodist Church

4823 Woodlawn Drive, Little Rock, AR 72205 | 501-664-3600 | Hours: 1st Wednesday each month 8am-10am

Considerations: Drive through food bank. Photo ID to register the first time.

Life Line Baptist Church

7601 Baseline Road Little Rock, Arkansas 72209 | 501-568-5433 | Hours: Every Thursday 9am-11am

Considerations: Photo ID required.

Asbury Food Pantry

1700 Napa Valley Drive, Little Rock | 501-225-9231 Hours: 2nd & 4th Tuesday each month 11am-1pm

Considerations: Drive through pantry. No ID required for food, but multiple families in the same car must show proof of separate address. From 11am-12pm, they also have a diaper pantry, must have a birth certificate or foster care addendum to receive diapers.

St. Andrew UMC

4600 Baseline, Little Rock, AR | 501-562-1891 | Hours: 2nd & 4th Thursday each month 10am-12pm

Considerations:

Laman Library Food Distribution

2801 Orange Street, North Little Rock, AR 72114 | 501-758-1720 | Hours: 9:15am-10:30am

Considerations: Free food distribution that is open to the public.

Argenta Library Food Distribution

420 Main Street, North Little Rock, AR 72114 | 501-687-1061 | Hours: Ticketing begins at 10:30am

Considerations: Free food distribution that is open to the public.

Food for the Hungry Program

10701 Baseline Rd, Little Rock, AR 72209 | 501-255-0900 | Register by visiting the church & picking up purple ticket

Considerations:

St. Francis House: Food and Clothing Distribution

2701 S Elm St, Little Rock, AR 72204 | 501-664-5036 | Hours: Open Mon-Fri 9am-4pm | Closed 12pm-1pm for lunch

Considerations: Food bags available every day for persons, whether single, married or families. Please bring your current identification with you.

Bayou Meto Baptist Church

26200 Arkansas 107, Jacksonville, AR 72076 | 501-988-1966 | Hours: 4th Monday each month, 3:15pm-5pm

Considerations: ID required

El Zocalo Immigrant Resource Center

5500 Geyer Springs Rd, Little Rock, AR 72209 | 501-301-4652 | Hours: 2nd & 4th Friday 5:30-7:30pm

Considerations: After 4:00 pm they take appointments for families in crisis that need pantry assistance.

Maumelle Philanthropists Food Pantry

404 Edgewood Dr. Maumelle, AR 72113 | www.mphelps.org

Hours: Wednesdays 10am-12pm | Tuesday & Thursday 10am-1:30pm | Saturdays 10am-11:30 am

Considerations:

Solid Stance for Unity and Community Little Free Pantry

1524 Garfield, Little Rock, Arkansas 72204 | Hours: 24-hour access

Considerations: This resource is open 24 hours a day, but it may not be fully stocked with every visit.

Direct Meal Support



Arkansas Community Advocates

Friday Dinner: 112 S. Cross Street, Little Rock | Saturday Breakfast: 613 E Broadway

Hours: Serves lunch Monday-Friday, and Sunday 12pm-1pm

Considerations: Open to all who are hungry.

The Stewpot, Salvation Army

1111 W. Markham Street, Little Rock AR | www.stewpot-littlerock.org | Hours: Monday-Friday and Sunday 12pm-1pm

Considerations: Open to all that are hungry.

Salvation Army

1111 W. Markham Street, Little Rock AR | Hours: Serves breakfast Monday-Friday 7-7:40am

Considerations: Open to all that are hungry.

Quapaw Quarter UMC

1601 S Louisiana St, Little Rock, AR 72206

Martha's Door: Monday-Thursday 9am-12pm | Community Breakfast: Sunday 7:30am | Stone Soup: Sunday 3pm

Considerations:

- Community Breakfast – A healthy, hot breakfast prepared by volunteers and served in to-go fashion to 80-100 guests every Sunday morning starting at 7:30am.
- Stone Soup – A healthy, balanced meal prepared by more volunteers and served to-go style every Sunday afternoon at 3pm to 80-100 people.
- Martha's Door – named after the dear soul who ran the QQUMC Food Pantry for over 29 years, Martha's Door provides a sack lunch, hygiene kit, socks, and assorted clothing when available to people who come during office hours (9am to 12pm) to the 2nd floor door on 16th St. and ring the buzzer.

Canvas Community Church

1111 W. 7th Street, Little Rock 72201 | 501-291-2597 | www.welovelittlerock.org

- Dinner Monday & Wednesday 4pm-6pm
- 1st & 3rd Tuesday, a chicken meal is served 6-6:30pm
- 2nd, 3rd, & 4th Saturday 11:00am-12:30pm

Considerations: No ID required.

Friendly Chapel, Church of the Nazarene

116 S. Pine Street, North Little Rock | 501-371-0912 Hours: Monday-Friday 10:15am-12pm

Considerations: This resource will not be open again until Monday, November 10.

Food Not Bombs Central Arkansas

- Library Square, 100 River Market Ave, Little Rock, AR 72201 | Hours: 3rd Saturday every month 12pm
- Beautywood Books, 1704 N Main Street, North Little Rock, AR 72114 | Hours: Last Sunday every month 1pm

Considerations: Meals are served on-site or grab and go. Mostly vegan/vegetarian.

Jericho Way Homeless Day Resource Center

3000 Springer Blvd., Little Rock, AR 72206 | 501-916-9859 | www.depaulusa.org

Hours: Monday-Friday breakfast 7:30am-8:30am | Monday-Friday lunch 11am-12pm

Considerations: Closed on holidays

Little Rock Compassion Center

3618 West Roosevelt, Little Rock, AR 72204 | 501-296-9114

Hours: Daily breakfast 6:30am-7am | lunch 12pm-12:30pm| dinner 4:30pm-5:30pm

Considerations: Serving the 72204 zip code area only. Photo ID is required.

River City Ministry

1021 E Washington Ave, North Little Rock, AR 72114 | 501-376-6694 | www.rivercityministry.org/about

Hours: Monday-Friday breakfast 8am | lunch 12pm | Sunday lunch 2pm

Considerations:

Saint Mark Baptist Church

5722 W. 12th Street., Little Rock, 72204 | 501-663-3955 | www.smark.org | Hours: Monday-Thursday 10am-12pm

Considerations:

Overcomer Central (The OC) Immerse AR

5300 Asher Ave., Little Rock 72204 | 501-404-9890 | www.immersearkansas.org | Hours: Breakfast 8-9:30am

Considerations: Only for adults aged 18-24

Serving Up For Sardis / Ministry of North Sardis Missionary Baptist Church

20120 N Sardis Road, Mabelvale, AR 72103 | Hours: 1st, 2nd, & 4th Saturday each month 5-7pm

Considerations:

Laman Library Afterschool Meals

2801 Orange Street, North Little Rock, AR 72114 | 501-758-1720

Hours: Meal served 3:30-4:30pm | Snack served 5:30-6:30pm

Considerations: This meal is only for students aged 2-18.

F.E.E.D. First USA

6124 Baseline Rd., Little Rock, AR | 501-353-0342 | Hours: Meal served 3pm-3:30pm | Snack served 3:30pm-4pm

Considerations: This meal is only for students 18 and under.